

## SCALE: Selective Control Assessment of the Lower Extremity Score Sheet

Date: \_\_\_\_\_ Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ GMFCS level: \_\_\_\_\_

Diagnosis:  spastic diplegia  spastic quadriplegia  spastic hemiplegia R L other: \_\_\_\_\_

**Left**

**Right**

Grade	Hip	Knee	Ankle	STJ	Toes	Hip	Knee	Ankle	STJ	Toes
Normal (2 points)										
Impaired (1 point)										
Unable (0 points)										
<b>Total Limb Score</b>	<b>L=</b>	<b>R=</b>								

### Resisted Synergy

knee extension with resisted limb extension										
dorsiflexion with resisted limb flexion										

### Descriptors

hip flexion contracture										
adductor contracture or spasticity										
knee flexion contracture										
hamstring tightness										
plantar flexion contracture										
plantar flexor spasticity										
inverts or everts, not pure dorsiflexion										
primarily moves toes										
mirrors motion on opposite limb										
motion slower than 3 second verbal count										
moves one direction only (note motion achieved)										
movement of other joints										
motion ≤ 50% of available ROM										

Other comments regarding test: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
**Examiner**