



# UCLA NURSING SCIENCE & INNOVATION CONFERENCE

Celebrating 20 Years of  
Evidence-Based Practice,  
Research, & Innovation

May 22, 2024

UCLA Covel Commons

Presented by:

**UCLA** School of  
Nursing

**UCLA** Health | Nursing



# WELCOME TO THE 20TH ANNUAL UCLA NURSING SCIENCE & INNOVATION CONFERENCE

This one-day, on-site conference is intended to provide an opportunity to raise awareness of new healthcare trends, while supporting quality improvement, evidence-based practice, research and innovation at the bedside.

The conference program features a wide range of topics that highlight the importance of translational research and the development of clinically relevant therapeutic strategies to reduce risk and advance care.

The conference will also feature an impressive range of podium and poster presentations representing researchers, clinicians, educators, and students.

A few reminders:

- Please wear your name badge to all conference functions.
- All General and Plenary Sessions will be held in Grand Horizon Room.
- Breakout Sessions and Poster Presentations will be held in various locations. Please see the agenda for details.

# CONFERENCE INFORMATION

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## **Electronic Devices**

Please silence cell phones, computers and electronic devices before entering an educational session. All phone conversations should be conducted outside the meeting rooms.

## **Complimentary WiFi**

WiFi is available at Covell Commons - no password is required  
Meeting Network: UCLA\_WEB

## **Continuing Education (CE) Contact Hours**

Nurses will be awarded 5.83 ANCC contact hours for participation in this event. UCLA Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Provider approved by the California Board of Registered Nursing, Provider Number 12511 for 7 contact hours.

## **Instructions for claiming CNE Contact Hours:**

To receive CE contact hours, attendees must:

- Be registered as a participant.
- Be seated in the room no later than 10 minutes after the session has started, and remain in the session until the scheduled ending time.
- To obtain ANCC and BRN contact hours, you must complete the online evaluation form in Cornerstone by no later than July 1, 2024.
- For technical assistance with the CE evaluation or certificate, please email [researchebp@mednet.ucla.edu](mailto:researchebp@mednet.ucla.edu).
- Complete the required evaluation and print and/or save certificate.

## **Presentations**

Poster session materials will be available online after the conference. You will receive instructions on how to access the presentations in a post-conference email communication.

## **Social Media**

We encourage conference attendees to interact on social media! Follow the conference on Facebook, Twitter, and Instagram using the conference hashtag #UCLANSI24 for the latest updates and to join the conversation. Also, include any of the following in your posts: @UCLAHealth, @UCLANursing.



# ACKNOWLEDGEMENTS

## Planning Committee

### Co-Chairs:

Jessica Phillips, PhD, MSN, RN, NPD-BC | UCLA Health  
Dong Sung An, MD, PhD | UCLA School of Nursing

### Planning Committee Members:

Lisa Steurer, PhD, RN, CPNP-PC, EBP-C | UCLA Health  
Karyn Greenstone | UCLA Health  
Jaehee Choi | UCLA Health  
Ingrid Cuellar | UCLA School of Nursing  
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# MORNING

# KEYNOTE SPEAKER

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## **Maria W. O'Rourke, RN, PhD, FAAN**

**Chief Executive Officer & President  
Maria W. O'Rourke & Associates, LLC.**

Dr. Maria O'Rourke is CEO/ President of Maria W. O'Rourke & Associates, LLC, a consultancy focused on professional role clarity and its impact on practice excellence, professional practice model development using her Professional Role Driven Practice Model™ and advocating for professional nursing as a vital to quality health care. She is cofounder of the O'Rourke Institute for Advancing Professional Practice.



Dr O'Rourke is renowned for her pioneering, seminal work on professional role clarity. This effort began in the mid 1960's when defining the work of nursing as a professional practice discipline and clarifying the role of the RN as a key decision maker on the interdisciplinary team were critical to advancing nursing as a profession. She carried this effort into the legislative arena where she was instrumental in rewriting the California Nursing Practice Act in 1974. Dr. O'Rourke then published the first paper on its implementation which served to guide the profession, regionally and nationally, in the appropriate use of the RN as a professional.

Over the past four decades, her body of work in the field on professional role identity formation theory has culminated in a theoretically grounded practice model called Role Driven Practice™ that serves as a foundation for professional role clarity and role competence, aligning appropriate role relationships among professional, technical, and assistive roles and improving performance and practice outcomes.



# AFTERNOON

# KEYNOTE SPEAKER

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## **Kristen Choi, PhD, PMHNP-BC, FAAN**

Assistant Professor, UCLA School of Nursing & Fielding School of Public Health  
Associate Program Director, UCLA National Clinician Scholars Program



Dr. Kristen Choi is an Assistant Professor of Nursing and Public Health at UCLA. Her research aims to improve access to and delivery of mental health care for children, adolescents, and other underserved populations. As a health services researcher, Dr. Choi studies healthcare systems, health policy, and healthcare delivery mechanisms that could be modified to improve population mental well-being. Her work also includes a substantial focus on equity in mental health care and how mental health disparities can be eliminated.

Dr. Choi is currently researching adverse childhood experiences (ACEs), trauma-informed care, access to mental healthcare among LGBTQ youth, and interventions to address social determinants of health. She practices as a psychiatric nurse practitioner at a safety net hospital in Los Angeles and is a Fellow of the American Academy of Nursing. She is also an Associate Program Director for the UCLA National Clinician Scholars Program.

# AGENDA

Time	Session Event	Location
8:00 a.m. – 8:45 a.m.	<b>Registration and Breakfast</b>	<b>Rotunda and North Hallway</b>
8:45 a.m. - 9:05 a.m.	<p><b>Welcome Remarks</b></p> <p>Introduction by:  <b>Jessica Phillips, PhD, MSN, RN, NPD-BC</b>  <i>UCLA Health Center for Nursing Excellence</i></p> <p><b>Karen Grimley, PhD, MBA, RN, NEA-BC, FACHE, FAAN</b>  <i>Chief Nursing Executive, UCLA Health</i></p> <p><b>Lin Zhan, PhD, RN, FAAN</b>  <i>Dean, UCLA School of Nursing</i></p>	<b>Grand Horizon Room</b>
<p><b>9:05 a.m. – 10:00 a.m.</b></p> <p><b>Opening Keynote Address</b></p> <p>Introduction  <b>Jessica Phillips, PhD, MSN, RN, NPD-BC</b>            Executive Director of Nursing Practice, Education, and Research, UCLA Health Center for Nursing Excellence</p> <p><b>Keynote Speaker</b>  <b>Maria O’Rourke, RN, PhD, FAAN</b>            Chief Executive Officer &amp; President Maria W. O’Rourke &amp; Associates, LLC.</p> <p><i>Professional Role Identity in Nursing: Magnifying the Power of Professionalism in Nursing via the Theory - Research - Practice Connection in Real Time</i></p>		
10:00 a.m. – 10:10 a.m.	<b>Transition Break</b>	
10:10 a.m. – 11:10 a.m.	<b>Breakout Session I</b>	<b>West Coast, North Ridge, South Bay, &amp; Grand Horizon</b>
11:10 a.m. – 12:00 p.m.	<b>Poster Session I</b>	<b>Grand Horizon Room, South Hallway, Rotunda, Lounge Area</b>

# AGENDA

Time	Session Event	Location
12:00 p.m. – 1:00 p.m.	Lunch	North Hallway, Terrace, Grand Horizon Room
1:00 p.m. – 1:10 p.m.	Transition Break	
1:10 p.m. – 2:10 p.m.	Breakout Session II	West Coast, North Ridge, South Bay, & Grand Horizon
2:10 p.m. – 3:00 p.m.	Poster Session II	Grand Horizon Room, South Hallway, Rotunda, Lounge Area
3:00 p.m. – 3:15 p.m.	Refreshment Break	North Hallway
<p><b>3:15 p.m. – 4:15 p.m.</b>  <b>Closing Keynote Address</b></p> <p>Introduction            Dong Sung An, MD, PhD            Associate Dean of Research, UCLA School of Nursing</p> <p><b>Keynote Speaker</b>  <b>Kristen Choi, PhD, PMHNP-BC, FAAN</b>            Assistant Professor, UCLA School of Nursing</p> <p><i>Milestones in Innovation: Nursing’s Impact on Health over a Decade of Change</i></p>		
4:15 p.m. – 4:30 p.m.	<p><b>Closing Remarks</b></p> <p>Lisa Steurer, PhD, RN, CPNP-PC, EBP-C            UCLA Health Center for Nursing Excellence</p> <p><b>Poster Awards/Adjournment</b></p>	Grand Horizon Room

# Podium Abstracts

## Breakout Session I

TIME	Abstract & Presenter	Room
<p><b>10:10 - 10:30am</b></p>	<p><b>Quality of Work Life in Nursing: Key Indicators and Outcomes</b></p> <p><i>Session Theme: Health Work Environment</i></p> <p>Ali Aljarash</p>	<p><b>West Coast</b></p>
<p><b>10:30 - 10:50am</b></p>	<p><b>Work stress and lipid risk factors: A four-year longitudinal study</b></p> <p><i>Session Theme: Healthy Work Environment</i></p> <p>Mayumi Saiki, MSN, AGPCNP-BC, PhD Student</p>	<p><b>West Coast</b></p>
<p><b>10:50 - 11:10am</b></p>	<p><b>Staffing by Acuity: Myth or Reality? Program evaluation of an EHR imbedded Nursing Workload Acuity Tool using ANA's Principles for Nurse Staffing</b></p> <p><i>Session Theme: Healthy Work Environment</i></p> <p>Ida Anderson, DNP, RN, NEA-BC</p>	<p><b>West Coast</b></p>
<p><b>10:10 - 10:30am</b></p>	<p><b>Implementing a Nurse/Community Health Worker Care Model for People Experiencing Homelessness</b></p> <p><i>Session Theme: Social Determinants of Health</i></p> <p>Kendal Wilkie, BSN, RN Ileana Ramirez, LMFT</p>	<p><b>North Ridge</b></p>

# Podium Abstracts

## Breakout Session I

TIME	Abstract & Presenter	Room
<p><b>10:30 - 10:50am</b></p>	<p><b>Implementing Suicide Prevention Education for Korean American Nurses in Los Angeles</b></p> <p><i>Session Theme: Social Determinants of Health</i></p> <p>Sarah (Hyang) C. Ko, MSN, APRN, PMHNP-BC</p>	<p><b>North Ridge</b></p>
<p><b>10:50 - 11:10am</b></p>	<p><b>The Role of Race/ Ethnicity and Comfort Discussing Diabetes Medication Cost in Cost-Related Diabetes Non-adherence</b></p> <p><i>Session Theme: Social Determinants of Health</i></p> <p>Elizabeth Kohout, MSN, RN</p>	<p><b>North Ridge</b></p>
<p><b>10:10 - 10:30am</b></p>	<p><b>Effect of Virtual Reality Distraction: Children's Anxiety and Pain Perceptions during Cast and Pin Removal</b></p> <p><i>Session Theme: Innovation &amp; Technology</i></p> <p>Carol Lynn Cunningham, DNP, RN, FNP-C</p>	<p><b>Grand Horizon</b></p>
<p><b>10:30 - 10:50am</b></p>	<p><b>The Perspectives of Academics on the Use of ChatGPT in Nursing Education: A Phenomenological Study</b></p> <p><i>Session Theme: Innovation &amp; Technology</i></p> <p>Havva Özdemir</p>	<p><b>Grand Horizon</b></p>

# Podium Abstracts

## Breakout Session I

TIME	Abstract & Presenter	Room
10:50 - 11:10am	<p><b>Innovating from the Front Lines - My Journey as a Nurse Innovator from Bedside to Product Inventions</b></p> <p><i>Session Theme: Innovation &amp; Technology</i></p> <p>Kerrie Cardon, RN, RA</p>	Grand Horizon
10:10 - 10:30am	<p><b>Improving Warfarin-INR Outcomes with Collaborative Oversight</b></p> <p><i>Session Theme: Outcomes from Clinical Inquiry Designs</i></p> <p>Michelle Waldenmeyer, BSN, RN, RN-BC Aileen Alcantara, MSN, AG AC NP-BC</p>	South Bay
10:30 - 10:50am	<p><b>Extracorporeal Membrane Oxygenation in Geriatric Patients - Clinical Outcomes</b></p> <p><i>Session Theme: Outcomes from Clinical Inquiry Designs</i></p> <p>Valentina Obreja, DNP, AG AC NP-BC, CCRN, CSC, CMC, PHN, EBP-C</p>	South Bay
10:50 - 11:10am	<p><b>Improving Catheter Associated Urinary Tract Infection (CAUTI) Outcomes through Physician Engagement</b></p> <p><i>Session Theme: Outcomes from Clinical Inquiry Designs</i></p> <p>Maninder Jasdhul, MSN, RN, ACNS-BC Tiffany Dogan, MPH, CIC</p>	South Bay

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# Podium Abstracts

## Breakout Session II

TIME	Abstract & Presenter	Room
<p><b>1:10 - 1:30pm</b></p>	<p><b>Nursing Education Innovations Using Data Analytics</b></p> <p><i>Session Theme: Healthcare Innovation Education</i></p> <p>Anthony Scott, MSN, RN, NPD-BC, CNL, PHN</p>	<p><b>West Coast</b></p>
<p><b>1:30 - 1:50pm</b></p>	<p><b>Annual Skills Validation: Active Case-Based Learning Using Technology</b></p> <p><i>Session Theme: Healthcare Innovation Education</i></p> <p>Charlie Dharmasukrit, PhD, RN, NPD-BC, CMSRN Maggie Thompson, DNP, MPH, RN, FNP-BC</p>	<p><b>West Coast</b></p>
<p><b>1:50 - 2:10pm</b></p>	<p><b>Nurses' Self-Measured EBP Competencies at a Hospital within an Integrated Healthcare System</b></p> <p><i>Session Theme: Healthcare Innovation Education</i></p> <p>Quincyann Tsai, MSN, RN Diana Escolero, BSN, RN, OB-BC</p>	<p><b>West Coast</b></p>
<p><b>1:10 - 1:30pm</b></p>	<p><b>Active Shooter Simulation Creates a Harm-Free Environment</b></p> <p><i>Session Theme: Emergency Recognition &amp; Response</i></p> <p>Kelsey Zwang, MSN, RN, CCRN, NE-BC Maninder Jasdhaul, MSN, RN, ACNS-BC</p>	<p><b>Grand Horizon</b></p>



# Podium Abstracts

## Breakout Session II

TIME	Abstract & Presenter	Room
1:30 - 1:50pm	<p><b>Increasing Nurse Confidence in Activating Rapid Response Team Based Solely on Nurse Concern</b></p> <p><i>Session Theme: Emergency Recognition &amp; Response</i></p> <p>Megan Sonsteng, BSN, RN, CCRN-CSC</p>	Grand Horizon
1:50 - 2:10pm	<p><b>The RN Clinical Trajectory Indicator: A prospective study validating a nurse's ability to detect early patient decline</b></p> <p><i>Session Theme: Emergency Recognition &amp; Response</i></p> <p>Alexis Fitten, BSN, RN, CCRN</p>	Grand Horizon
1:10 - 1:30pm	<p><b>Introducing Donor Human Milk to the Nursery to Increase Exclusive Breastfeeding Rates</b></p> <p><i>Session Theme: Mother &amp; Baby</i></p> <p>Julia Chou, DNP, RN, RNC-OB</p>	North Ridge
1:30 - 1:50pm	<p><b>Zeroing In: Reducing CLABSI Rates in a LEVEL 4 NICU through Evidence-Based Strategies</b></p> <p><i>Session Theme: Mother &amp; Baby</i></p> <p>Tracy Genuino, RN, BSN, CCRN</p>	North Ridge

# Podium Abstracts

## Breakout Session II

TIME	Abstract & Presenter	Room
1:50 - 2:10pm	<b>The Pressure is On: A NICU Total Body Pressure Injury Prevention Algorithm</b> <i>Session Theme: Mother &amp; Baby</i>  Clarissa Cabil, BSN, RN	North Ridge
1:10 - 1:30pm	<b>Engaging Clinical Staff in Comprehensive Diabetes Care Management in Primary Care</b> <i>Session Theme: Outcomes from Clinical Inquiry Designs</i>  Sylvia Lambrechts, MPH, MA, CPHQ	South Bay
1:30 - 1:50pm	<b>Reducing barriers to discharge (MRD) when medically ready: Key learnings from neurology and medicine pilot data</b> <i>Session Theme: Outcomes from Clinical Inquiry Designs</i>  Melissa Reider-Demer, DNP, MN, CNP	South Bay
1:50 - 2:10pm	<b>The Association Between Gut Microbiome and Risk of Childhood Obesity: Findings from a Pilot Study in Los Angeles, California</b> <i>Session Theme: Outcomes from Clinical Inquiry Designs</i>  Cecille Marie Basilio, PhD, RN, PHN, CSN	South Bay

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# Poster Abstracts

Morning Session | 11:10 a.m. – 12:00 p.m.

Poster Number	Presenter(s) Poster Title
1	<p><b>Valentina Obreja, DNP, AG/AC NP-BC, CCRN, CSC, CMC, PHN, EBP-C, ECMO</b> <i>Clinical Outcomes of Early Tracheostomy in Post-Lung Transplantation</i></p>
2	<p><b>Ruth Jeffery, RN, BSN, CEN; Karla Parada-Alvarez, RN, MSN/MBA</b> <i>U-CAN: C-ICARE Based Communication Tool for ED Staff</i></p>
3	<p><b>Mayumi Saiki, MSN, AGPCNP-BC; Lauren H. Furtick, MSN, RN</b> <i>Exploring the Functional Connectivity of the Hippocampus Area Associated with Allostatic Load Index among Young Workers: A Pilot Study using Data from the Human Connectome Project</i></p>
4	<p><b>Wendy Perez, BS; Emily Vargas</b> <i>The Development of Suicidality among Mexican Young Women: A Qualitative Descriptive Study</i></p>
5	<p><b>Francesca Di Cenzo, MSN, RN-BC; Kathrin Mullerchen, MSN, RN-BC</b> <i>Standardizing Nurse Training Strategies to Improve Knowledge and Confidence Level with Advanced Airway Management</i></p>
6	<p><b>Adaeze Anyanwu RN, MSN, PHN; Benissa Salem, PHD, RN, MSN, PHN, CNL</b> <i>An Integrative Review Protocol: Examining the Impact of Social Media Use on Physical and Mental Healthcare Decision-Making among Pregnant and Postpartum Women in the United States (U.S.) and Abroad</i></p>

# Poster Abstracts

Morning Session | 11:10 a.m. – 12:00 p.m.

<b>Poster Number</b>	<b>Presenter(s)</b> Poster Title
<b>7</b>	<b>Melody Mendenhall, RN, MSN, NP-C, DNP(c); Su Yon-Jung, PhD</b> <i>Feasibility and Efficacy of an App-Based Mindfulness Intervention in Anxiety, Depression, and Quality of Life in Patients with Metastatic Non-Small Cell Lung Cancer</i>
<b>8</b>	<b>Havva Ozdemir, RN</b> <i>Experiences of Women and Their Husbands Facing Miscarriage and Threatened Miscarriage</i>
<b>9</b>	<b>Marielle Ngo, BSN, RN, DNP(c); Renee Perez, DNP (c)</b> <i>Curriculum on Student Registered Nurse Anesthetists' Perceived Skills, Attitudes, and Comfort Level: An Evidence-Based Practice Project</i>
<b>10</b>	<b>Monina Distor-Castro, RN, MSN, CBN, FNP-BC; Nancy Jo Bush, DNP, RN, MA, AOCN, FAAN</b> <i>Examining the Impact of Obesity Sensitivity Training on Primary Care Staff and Patient Referrals</i>
<b>11</b>	<b>Megan Guardiano, MS, RN, PHN; Timothy A. Matthews, PhD</b> <i>Do Psychosocial Work Factors Prevent Cognitive Decline? Evidence from a National Longitudinal Study in the United States</i>

# Poster Abstracts

Morning Session | 11:10 a.m. – 12:00 p.m.

<b>Poster Number</b>	<b>Presenter(s)</b> Poster Title
<b>12</b>	<b>Amanda Berumen, MSN, RN, PHN, CNL; Benissa Salem, PHD, RN, MSN, PHN, CNL</b> <i>An Integrative Review Protocol: Understanding HPV Vaccination Uptake among Young Adults and their Latinx Counterparts in the United States</i>
<b>13</b>	<b>Issareegorn Surasrisakul, MSN, RN, CCRN; Tatiana Martinez, BSN, RN</b> <i>Unit Based Team Control Central Line-Associated Bloodstream Infection (CLABSI) rates down in Intensive Care Unit (ICU)</i>
<b>14</b>	<b>Eliza Kym Liwanag, BSN, RN, DNP(c)</b> <i>Let's Start at the Very Beginning: ABC's (Awareness of Breast Cancer)</i>
<b>15</b>	<b>Cecily Byron, DNP, RN, NEA-BC; Heidi Kubeck, RN-BC, CNL</b> <i>Care Excellence: Implementation of Human Centered Care Bundle on a Medical Surgical Unit</i>
<b>16</b>	<b>Elizabeth Kaplan, BS; Talia Rajasekar</b> <i>The Role of Human Scribing and its Effectiveness in Alleviating Clinician Burnout</i>
<b>17</b>	<b>Trisha Nagin; Kyle Lee</b> <i>AI-Driven Medical Scribing and its Effectiveness in the Clinical Setting</i>
<b>18</b>	<b>Bianca Nguyen, BS; Michael Wong</b> <i>Literature Review of the Current State of Interpreter Use in Healthcare</i>

# Poster Abstracts

Morning Session | 11:10 a.m. – 12:00 p.m.

<b>Poster Number</b>	<b>Presenter(s)</b> Poster Title
<b>19</b>	<b>Megan Martin, BSN, RN</b> <i>Fall Reduction Strategies in Hospitalized Adult Liver Patients: Impact of Frontline Nursing Staff and Leadership Collaboration</i>
<b>20</b>	<b>Bianca Nguyen, BS; Michael Wong</b> <i>Literature Review of the Current State of Interpreter Use in Healthcare</i>
<b>21</b>	<b>Stacye Sauter, MSN, RN, PHN, SCRNP, ASC-BC; Margarita Kehribarian, MSN, RN, CPHQ</b> <i>Leveraging Technology in Developing the Stroke Summary Report to Enhance Stroke Patient Safety and Continuity of Care</i>
<b>22</b>	<b>Lianna Z. Ansryan, MSN, RN, PHN, GERO-BC, AGCNS-BC, FCNS; Jennifer Osborn, RN, MSN, CCRN, CNRN, CTRN</b> <i>Successful Development of Geriatric Volunteer Program</i>
<b>23</b>	<b>Gabriela Ruiz, BSN, RN; Nathaniel G. Medina, BSN, RN</b> <i>Patient Engagement Reduces Falls with Injury on 8 West Acute Care Surgical Unit</i>
<b>24</b>	<b>Claire M. Daus, BSN, RN, PCCN</b> <i>Zeroing in: The Journey to Eliminate Central Line Infections</i>
<b>25</b>	<b>Yuriko Matsuo, MSN, APRN, PMHNP-BC</b> <i>Accelerated Aging: Concept Development</i>



# Poster Abstracts

## Morning Session | 11:10 a.m. – 12:00 p.m.

Poster Number	Presenter(s) Poster Title
26	Tracy Stockstill, DNP(c), MSN, FNP-BC, RN; Wei-Ti Chen, PhD, RN, CNM, FAAN <i>Evaluating the Impact of Trauma-Informed Care for Healthcare Staff Working in Reproductive Care</i>
27	Bonnie Flores, DNP, RN-BC, ACCNS-AG, CCRN <i>Intensive Care Unit Liberation Bundle Implementation Impacts Ventilator Time</i>
28	Danny Ramon Jr. MPH, MSN <i>Mitigating Endotracheal Intubation-Related Pressure Injuries</i>
29	Kimberly Liss, DNP(c), CRNA; Kristen Choi, PhD, PMHNP, FAAN <i>Evidence-Based Practices for Managing Emergence Delirium in Patients Diagnosed with PTSD: Pilot Evaluation of a Nursing Education &amp; Simulation Program</i>
30	Melissa Smith, BSN, RN; Viola Mena, MSN, RN <i>Empowering Multidisciplinary Collaboration: Streamlining the Ambulatory Peri-operative Check in Process for U</i>

## Afternoon Session | 2:10 p.m. – 3:00 p.m.

Poster Number	Presenter(s) Poster Title
1	Kelsey Reyes, BSN, RN; Stesha Selsky, DNP, NI-BC <i>Giving Back Time: Reducing the Burden of Documentation</i>
2	Sylvia Lambrechts, MPH, MA, CPHQ <i>Developing Population-Health Level Quality Improvement Initiatives to Improve Blood Pressure Management</i>

# Poster Abstracts

Afternoon Session | 2:10 p.m. – 3:00 p.m.

<b>Poster Number</b>	<b>Presenter(s)</b> Poster Title
<b>3</b>	<b>Marché Arnold, DNP(c), CPNP-PC; Kristi Westphaln, PhD, CPNP-PC</b> <i>Improving Early Integration of Palliative Care in the PICU</i>
<b>4</b>	<b>Emily Bloom, BSN, RN</b> <i>Examining the Impact of the Social Determinants of Health on Parents' Depression and Anxiety Symptoms after Neonatal Intensive Care Unit Admission: An Integrative Review</i>
<b>5</b>	<b>Michelle Robison, MSN, RN, AGCNS-BC, CNOR; Tara Goldberg, MSN, RN, CPHQ</b> <i>Implementation of a System Wide Practice Change to Optimize Gynecologic Surgical Prep</i>
<b>6</b>	<b>Primadya Sakti, BS; Angeline M. Blancia, BS</b> <i>Flavored Electronic Nicotine Delivery System (ENDS) Use among Youth in the United States: Insights from the Population Assessment of Tobacco and Health Study (2018-2019)</i>
<b>7</b>	<b>Charlie Dharmasukrit, PhD, RN, NPD-BC, CMSRN</b> <i>Enhancing the Care of Older Adults through Innovative and Interactive Nursing Education</i>
<b>8</b>	<b>Paul Boy, MSN, MPH, AGACNP-BC, AGNP-C, PCNN, RN, PHN; Mayumi Saiki, MSN, AGPNP-BC, RN</b> <i>Perceptions of American Indian Cancer-related Pain Management in a Changing Social Climate</i>

# Poster Abstracts

Afternoon Session | 2:10 p.m. – 3:00 p.m.

Poster Number	Presenter(s) Poster Title
9	<p><b>Mina Ognjanovic, MHA, IBCLC, PCD</b>  <i>Optimizing Hospital-Grade Breast Pump Access for NICU Mothers: A Process Improvement Study</i></p>
10	<p><b>Ryan Troutman, MSN(c), BS; Kristen Choi, PhD, PMHNP-BC, FAAN</b>  <i>Disaggregating Unmet Mental Health Needs among LGBTQ Young Adults: Exploring Intersectional Identities</i></p>
11	<p><b>Nicolette Simoni, BSN</b>  <i>The Accessibility of GLP-1 (Wegovy) in Different Patient Populations</i></p>
12	<p><b>Brandon Crossman; Kristen R. Choi, PhD, PMHNP-BC, FAAN</b>  <i>ACEs and Mental Health in Children with Special Health Care Needs</i></p>
13	<p><b>Matthew Pena, BA; Kristen R. Choi, PhD, PMHNP-BC, FAAN</b>  <i>Racial Disparities in Mental Health Care Access among Children with Autism Spectrum Disorder (ASD)</i></p>
14	<p><b>Annika D. Bilog, BSN, RN, PCCN; Elizabeth J. Taylor, PhD, RN, FAAN</b>  <i>Nurse Emotion Recognition and Clinical Empathy: An Observational Study</i></p>
15	<p><b>Lonnie Herring, DNP (c); Jian Li, PhD</b>  <i>A Culturally Informed Mentorship Model for Minority Advanced Practice Nursing Students: Student Satisfaction and Academic Resiliency</i></p>

# Poster Abstracts

Afternoon Session | 2:10 p.m. – 3:00 p.m.

Poster Number	Presenter(s) Poster Title
16	<p><b>Jose Llanas, BSN, RN, BMTCN</b> <i>Orthostatic Vital Signs for Fall Prevention in Cellular Therapy Patients</i></p>
17	<p><b>Cristina Cabrero-Mino, MSN, RN; Holli DeVon, PhD, RN, FAAN, FAHA</b> <i>Neurocognition in Adults with Congenital Heart Disease Post-Cardiac Surgery: A Systematic Review</i></p>
18	<p><b>Sachi Sengupta; Alejandro Quezada, BS</b> <i>Nursing Recommendations to Improve Medication Reconciliation within the Discharge and Care Transition</i></p>
19	<p><b>Christine Samuel-Nakamura, PhD; Felicia Hodge, PhD, DrPH</b> <i>Cultural Humility: The Ethics in Conducting Collaborative Empirical Research within an American Indian community</i></p>
20	<p><b>Marielle Ngo, BSN, RN, DNP(c); Wenxin Niu, BSN, RN, DNP(c); Renee Perez, DNP(c)</b> <i>The Impact of Incorporating Evidence-Based Teaching on Cultural Competency within a Health Science Center in Southern California's Certified Registered Nurse Anesthetists Program</i></p>
21	<p><b>Manpreet Sidhu, PhD, RN, CEN</b> <i>Rapid Medical Evaluation and Treatment in the Emergency Department</i></p>
22	<p><b>Cory Hedwall, MBA, CPHQ; Nathan Samras, MD, MPH</b> <i>Optimizing Ambulatory Care through Team Based Strategies: Evidence from the IMPACT Pilot Program</i></p>

# Poster Abstracts

Afternoon Session | 2:10 p.m. – 3:00 p.m.

<b>Poster Number</b>	<b>Presenter(s)</b> Poster Title
<b>23</b>	<b>Ashley S. Chu; Brandon T. Ton</b> <i>Breathing Meditation in Obstructive Sleep Apnea; Heart Rate Variability Analysis</i>
<b>24</b>	<b>Sarah Moreau, MSN, MA, RN, PHN, BCBA</b> <i>Microbiome Composition Differences and Relationship to Gastrointestinal and Metabolic Disorders in Children and Adults with Autism</i>
<b>25</b>	<b>Marilyn Douglas, MSN, FNP-BC</b> <i>Mentoring the New to Practice Nurse Practitioner: A Quality Improvement Project</i>
<b>26</b>	<b>Jacobett Wasonga-Agak, MSN, RN, PHN, AGCNS-BC; Denice Economou, PhD, RN, CNSJ, AORN</b> <i>Implementing an Enhanced Continuum of Care Model for Patients with Diabetes and a History of COVID-19 Infection (DAHOCI)</i>
<b>27</b>	<b>Aracely Orozco, BSN, RM, MICN, CEN, TCRN, PHN</b> <i>Diabetic Knowledge Assessment of Psychiatric Mental Health Nurses</i>
<b>28</b>	<b>Kristi Westphaln, PhD, RN, CPNP-PC; Virgin Watters, PhD, RN</b> <i>Hospital to home transitions for pediatrics hospitalizations involving child abuse; Barriers and Facilitators</i>
<b>29</b>	<b>Paul Macey, PhD; Andrea Aguila, MS</b> <i>Effects of Inspiratory Muscle Training in Obstructive Sleep Apnea on Breathing and Neuroinflammation: A Pilot Study</i>



National Clinician  
Scholars Program



# INTERPROFESSIONAL NURSING/MEDICINE POSTDOCTORAL FELLOWSHIP

The National Clinician Scholars Program (NCSP) offers nurses and physicians an innovative two-year, postdoctoral interprofessional fellowship in health services research that prepares clinician scientists for a wide range of careers.

With six sites at top research universities and a competitive stipend, we cultivate change agents by training scholars in research design, fostering a nuanced understanding of how social determinants affect health, and partnering with communities to address inequities in health, health care, and health policy.

## WHAT OUR NURSE ALUMNI SAY ABOUT NCSP



**SHOSHANA ARONOWITZ, PENN SCHOOL OF NURSING**

*"NCSP provided me with training to integrate policy & scientific translation into my work. As scientists it's crucial that we bring our findings to broader audiences, & NCSP taught me to do that."*



**KRISTEN CHOI, UCLA SCHOOL OF NURSING**

*"I met collaborators & partners outside of nursing that helped me launch a research career focused on action, health equity, & policy. NCSP was key in my ability to make an impact as a nurse scientist."*



**KORTNEY FLOYD JAMES, RAND CORPORATION**

*"NCSP invites clinician researchers with various career pathways to engage with scholars. I gained a deeper understanding of the career options available to nurse scientists—beyond academia."*



**JOSE GUTIERREZ, UCSF SCHOOL OF NURSING**

*"The interdisciplinary nature of NCSP was the perfect training environment. The network of fellow scientists with a passion for health justice & equity within this program is unmatched."*

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website for more:



## ELIGIBILITY

- Nurses with a PhD or DNP
- Physicians (MD or DO) who have completed clinical training
- Applications due in July for start the following summer

## NCSP NURSE ALUMNI IMPACT

Our alumni are changing health and healthcare.  
Read our recent article on nurse program

outcomes from jobs to publications:  
<https://shorturl.at/dkloH>

## QUESTIONS? CONTACT NCSP NURSING SITE LEADERS:

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# Nursing Postdoctoral Fellowship in Housing & Veteran's Health Research



## ADVANCE RESEARCH SKILLS & LAUNCH YOUR CAREER

The UCLA/VA Center of Excellence for Veteran Resilience and Recovery is seeking a PhD-prepared nurse for a two-year postdoctoral fellowship in Los Angeles.

Home to over 12 million people & over 200,000 veterans, Los Angeles is one of the largest urban centers in the United States to develop innovations for health among individuals with homelessness & housing instability.

Fellows will have unparalleled opportunities for on-the-ground research with support from UCLA and VA mentors.

## ELIGIBILITY

- PhD in nursing
- Excellent writing & communication skills
- Strong quantitative & data science skills
- Willing to partner with the VA and UCLA
- Flexible start date & hybrid work options

## APPLY

Send your CV to [Sonya Gabrielian](mailto:sonya.gabrielian@va.gov) ([sonya.gabrielian@va.gov](mailto:sonya.gabrielian@va.gov)) & [Brian Perez](mailto:BrPerez@mednet.ucla.edu) ([BrPerez@mednet.ucla.edu](mailto:BrPerez@mednet.ucla.edu)).



### NEW SKILLS

Fellows will have access to courses, workshops, and advanced research training at UCLA in public health, nursing, public affairs, and more.



### DEVELOP PARTNERSHIPS

UCLA/VA Center of Excellence for Veteran Resilience and Recovery is a unique academic/health system partnership, with strong ties to housing and health community-based organizations in Los Angeles.

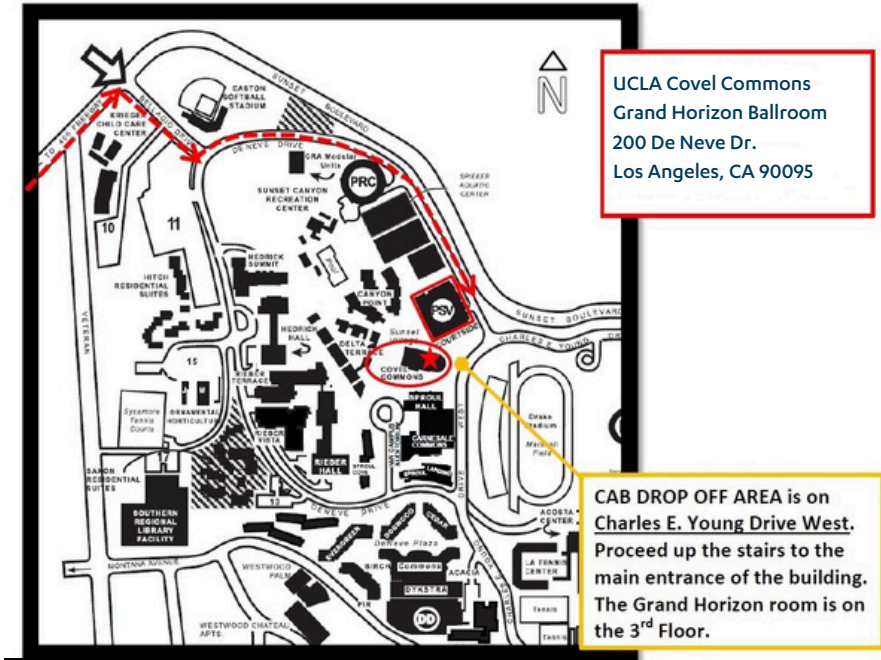


### INTERDISCIPLINARY MENTORS

Fellows will work with junior and senior investigators in nursing, psychiatry, psychology, addiction medicine, health services research, and public health on new and existing projects.

**Funding & Team:** The postdoc position is funded through the UCLA Chancellor's Office of Veterans Initiatives & Partnerships, Anthony DeFrancesco, Chief Liaison & Executive Director. Our faculty team includes Kenneth B Wells MD MPH (UCLA lead); Sonya Gabrielian MD MPH (VA lead); Sam Tsemberis PhD (COE director); & Kristen Choi PhD PMHNP (Nursing).

# MAP AND DIRECTIONS TO UCLA COVEL COMMONS



## DRIVING DIRECTIONS (from the 405 FWY)

1. EXIT on Sunset Blvd. and head EAST.
2. RIGHT on Bellagio Dr.
3. LEFT onto De Neve Dr. After 3/10 of a mile, look for the PSV or SV (Sunset Village) parking structure on the right (before 2nd stop sign). Parking structure address is 330 De Neve Dr.
4. PARK and pay for permit at kiosk in PSV parking structure. Up to \$12 for all-day parking. Place permit on your dashboard. (NOTE: Do not park in Blue Permit areas.)
5. TAKE the elevators/stairs to the Lobby Level (L1).
6. WALK towards the right to the building's main entrance. The Grand Horizon Ballroom is on the 3<sup>rd</sup> floor.



# COVEL COMMONS MAP

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