

A photograph of a man with a beard and a young girl with pigtails, both smiling and looking at each other. The man is on the left, wearing a light blue polo shirt. The girl is in the center, wearing a yellow top. The background is a soft-focus green field.

JUST THE FACTS

Involvement improves their children's overall emotional and social well-being.

National
Fatherhood
Initiative[®]

www.fatherhood.org

SOURCE: Adamsons, K., & Johnson, S. K. (2013). An updated and expanded meta-analysis of nonresident fathering and child well-being. *Journal of Family Psychology*, 27, 589-599.