

A man with a beard and a woman are smiling and looking at each other outdoors. The man is on the left, wearing a grey button-down shirt, and has his arm around the woman's shoulder. The woman is on the right, wearing a blue denim shirt over a light blue t-shirt and jeans, and is holding a black smartphone. The background is a soft-focus outdoor setting with greenery and a building in the distance.

JUST THE FACTS

Involved stepdads
help their
stepchildren's
mental
well-being.

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SOURCE: Gold, S., & Edin, K. J. (2021). Re-thinking stepfathers' contributions: Fathers, stepfathers, and child wellbeing. *Journal of Family Issues*, 44(3), 745-765.