

UCLA

Health

Blood Donor



Who can donate?

For a list of requirements to donate, please visit uclahealth.org/programs/gotblood/donate-blood/eligibility

or scan the QR Code:





Donating is safe and easy.

There is no risk of getting AIDS or any other infectious disease by donating blood. Our equipment is sterile and disposable.

Allow about 1 hour for a whole blood donation. For platelet donations, allow about 2.5 to 3 hours. You can return to regular activity the next day.

The good news is part of that time is spent enjoying snacks and refreshments after you donate.

More good news:

- When you donate blood, you are giving a life-saving patient resource. It's that simple and important.
- Our donors at UCLA Health Blood & Platelet Center receive great thank you gifts, such as movie tickets and seasonal items.

Terms you may not know:

Directed donor

Want to donate for a friend, relative or specific patient? Be a directed donor.

Replacement donor

Want to help replace units that were used by patients and keep our blood supply at a safe level? Be a replacement donor. Donate every 56 days, which is the amount of time you need to wait between donating whole blood. You can donate platelets more often.

Platelet donor

Want to help more often? Be a platelet donor. Platelet donors can donate every 7 days, up to 24 times in a 12-month period. Platelets play a vital role in the clotting process. Due to their illness or treatment, some people have a hard time making healthy platelets.

Blood drives

Want to host a blood drive for your business, school, place of worship or other organization? Call us at 310-825-0888, Option 2.

Be a hero. Make a blood donation.



Nearly 200 donors save crash survivor's life.

Internet executive Brandon Levine, 41, has no memory of the April 2014 motorcycle accident that left him with a severed aorta and vena cava; shattered face, eye socket, jaw, arm and hip; and damaged lungs, kidneys and liver. After being rushed to Ronald Reagan UCLA Medical Center, Brandon was given 207 units of blood, plasma and platelets — roughly 20 times a typical adult's blood volume. With a 5% chance of survival, Brandon spent two months in the intensive-care unit — the first month in a coma. But thanks to the life-saving blood and platelet donations from 196 individuals, Brandon was kept alive as his team of doctors performed emergency heart surgery — one of 10 surgeries he would ultimately need. Brandon's UCLA blood donors span in age from their mid-teens to mid-70s and represent diverse demographic backgrounds. Some have donated blood and platelets dozens of times.

“Donating blood is one of the most selfless and gracious gifts you could ever give anyone... A part of you is inside me. I have no way to repay you, except to say thank you so much for my life.”

-- Brandon Levine, patient

Why UCLA Health?

Year after year, Ronald Reagan UCLA Medical Center consistently ranks as one of the top American hospitals — and the best hospital in the western United States.

- UCLA Health has one of the world's most active organ transplant programs.
- UCLA Health is a Level One Trauma Center, safeguarding the health of more than four million people who live in western LA County.
- UCLA Health is a major center for the treatment of cancer.

With these great accomplishments come great responsibilities. Perhaps no greater among them is providing exceptional care to every patient who walks through our doors. The high level of care we provide speaks to the tremendous number of blood donations we receive each year. Our aim is to expand our resources and pool of donors – to reach our goal of supplying our hospitals with 100% of the blood components needed for patient care.

Why the UCLA Health Blood & Platelet Center?

We have one belief.

The well-being of our blood supply plays a critical role in the well-being of our patients.

We have two goals:

- Providing peace of mind for patients of UCLA Health hospitals.
- Providing a positive and rewarding experience for our donors.

Be a hero. Make a blood donation.

A blood donor is an extraordinary person. Blood donations are an essential part of treatment for people with cancer and other life-threatening medical conditions.

By becoming a blood donor, you can make a huge contribution to critically ill patients.

Locations and parking

Our Westwood Village center is located at 1045 Gayley Ave., two blocks north of Wilshire Boulevard between Kinross and Weyburn avenues.

We also have a location on the UCLA campus in the Ackerman Union.

We provide parking near our donor centers.

We do not validate parking for any of the public lots.

When you call for an appointment, please discuss the parking options or visit our website for details.

Westwood Village:

1045 Gayley Ave., Los Angeles, CA 90024

UCLA Campus

Ackerman Union, 380 Westwood Plaza, A level, Los Angeles, CA 90095

Phone: 310-825-0888, Option 2

Email: gotblood@mednet.ucla.edu

Website: uclahealth.org/gotblood

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