

SUBSTANCE USE IN LGBTQ+ YOUTH

LGBTQ+ individuals are disproportionately at higher rates of substance use disorders than those who identify as heterosexual.

- The Trevor Project found that over half of LGBTQ+ youth (56%) used alcohol, including 47% of LGBTQ+ youth under the age of 21.
- More than one in three LGBTQ+ youth (39%) used marijuana, including 29% of LGBTQ+ youth under the age of 21.
- One in ten (11%) of LGBTQ+ youth reported using prescription drugs that were not prescribed to them, and this rate was the same for LGBTQ+ youth under 21 years of age.

RESOURCES:

SAMHSA National Helpline:

1-800-662-4357

National Alcohol and Other Drug

Hotline: 1-800-250-015

Kick It California (KIC):

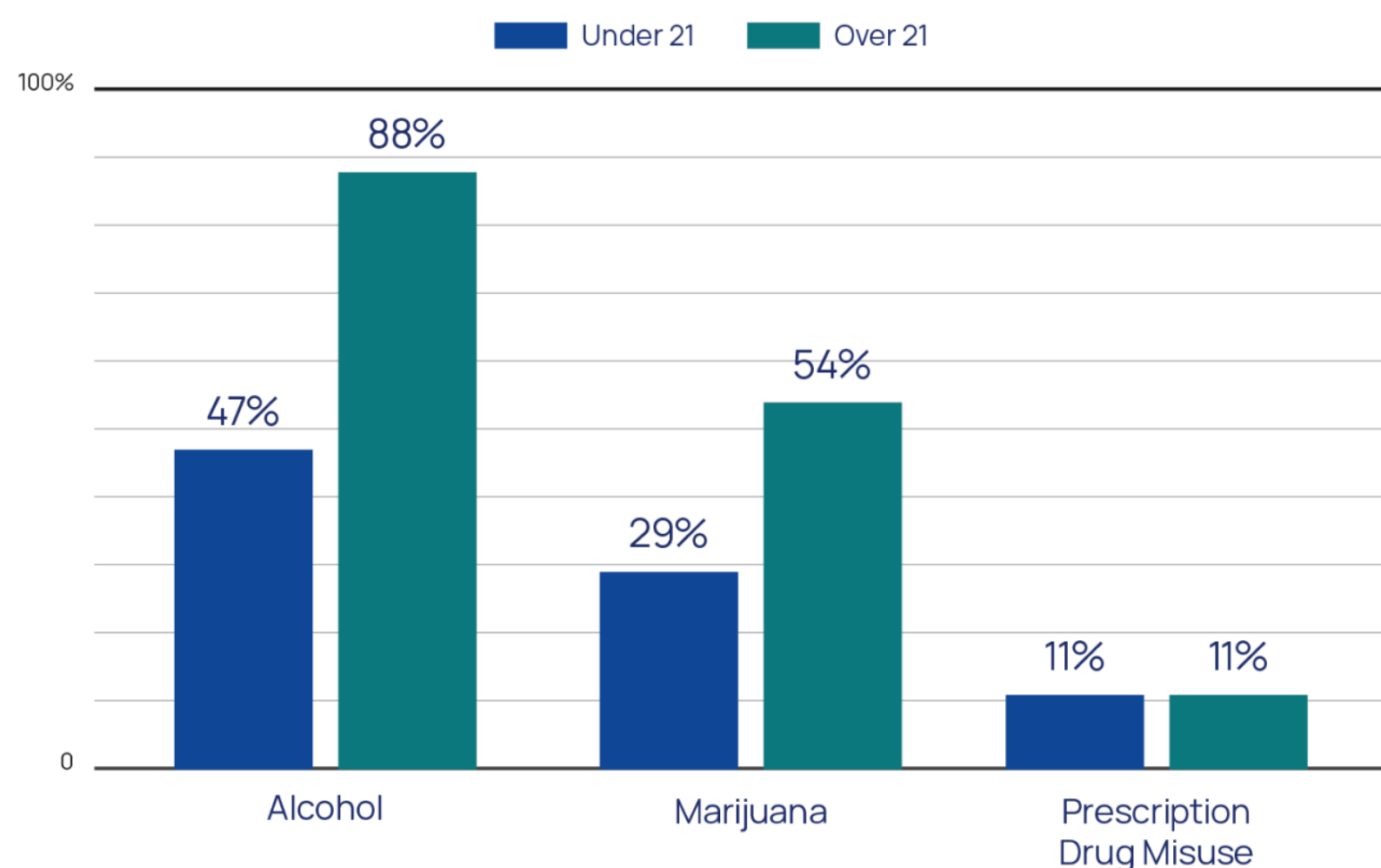
www.kickitca.org/quit/smoking

- Free smoking cessation program
- Personal Quit Plans
- Skilled Coaches

KIC Quit Coach Text Program

- Text "Quit Smoking" to 66819
- Text "Quit Vaping" to 66819

Substance Use in the Last Year Among LGBTQ Youth



(The Trevor Project, 2022)

LGBTQ+ RESOURCES:

Los Angeles LGBT Center

A safe place where the LGBTQ+ community can find support when needed. Work spans across health and social services, housing, and leadership and advocacy

- McDonald/Wright Building, 1625 Schrader Blvd · (323) 993-7500

Mi Centro

Center offering a range of services and counseling for the LGBTQ+ community

- 553 S Clarence St, Los Angeles, CA 90033. (323) 993-8944

Trevor Project Crisis Services

Connect to a crisis counselor 24/7 from anywhere in the U.S. via text, chat, or phone. Confidential and free!

- Text "START" to 678-678
- Call 1-866-488-7386