

Navigating GI Cancer: UCLA Resources and Support

Welcome to the GI Cancer Program Orientation at the Simms/Mann UCLA Center for Integrative Oncology. This program is designed to support patients with GI-related cancers, addressing their unique needs to improve treatment outcomes and overall well-being through supportive care services. This orientation is aimed to provide education about what services are available.

Your Treatment Team

Nutrition

Nutrition consultation, education, and counseling for patients before, during, and after treatment.

When to Connect: If experiencing malnutrition, weight loss, or any nutrition-related concerns during cancer treatment.

Contact:

- Simms/Mann UCLA Center for Integrative Oncology Nutrition Services (310) 794-6644
- UCLA Clinical Nutrition as part of UCLA Center for Human Nutrition (CANCER) (310) 825-7921
- UCLA Nutrition For Safer Surgeries Program (310) 208-5400

Psychosocial Support

Team of clinical social workers, psychologists, psychiatrists, and spiritual chaplains to enhance well-being of patient and caregivers. Offers individual sessions or group support with a clinician to address emotional, social, spiritual, and practical concerns.

When to connect: If you need support in coping with your cancer diagnosis and treatment. If you are experiencing difficulty managing stress or emotional challenges

Contact:

- Simms/ Mann UCLA Center for Integrative Oncology (310) 794-6644

Palliative Care

Specialized care to manage pain, symptoms, and stress, co-managed with your primary care provider.

When to Connect: At any stage of illness, especially if experiencing symptoms like pain, nausea, or fatigue.

Contact:

- Community Palliative Care Phone: (424) 259-7009

Simms/Mann UCLA Center for Integrative Oncology

(310) 794-6644

SimmsMannCenter@mednet.ucla.edu

<https://www.uclahealth.org/simms-mann-center>

My Chart

<https://my.uclahealth.org/MyChart/>



Medical Oncology

When to Connect: If you need assistance with your oncology care or have any questions about your treatment plan.

Clinic Locations and Contact Numbers

- Alhambra: 626-588-2825
- Beverly Hills: 310-205-0771
- Bowyer Oncology: 310-206-6909
- Burbank: 818-841-8252
- Downtown LA: 213-988-8340
- Encino: 818-995-8044
- Irvine: 949-653-2959
- Laguna Hills: 949-458-8252
- Marina Del Rey: 310-301-6211
- Pasadena: 626-396-2999
- Porter Ranch: 818-271-2500
- San Luis Obispo: 805-541-8252
- Santa Barbara: 805-563-0041
- Santa Clarita: 661-255-5350
- Santa Monica - 2020: 310-829-5471
- Santa Monica - Parkside: 310-998-4747
- Torrance: 310-325-8252
- Ventura: 805-642-8252
- Westlake Village: 805-496-5153
- Westwood: 310-794-4955

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FAQs

Q: When should I contact the Palliative Care team?

A: You can reach out to Palliative Care at any stage of your illness, especially if you are experiencing symptoms or side effects that impact your quality of life.

Q: How can I schedule an appointment with a nutrition provider?

A: Check to see who your provider referred you to for nutrition, as there are three different cancer nutrition options. If not, you can call (310) 794-6644 to schedule an appointment with the Simms/Mann Center, (310) 825-7921 for UCLA Clinical Nutrition, or (310) 208-5400 for Nutrition for Safer Surgeries Program.

Q: What support is available for emotional and psychological well-being?

A: The Psychosocial Support team includes social workers, psychologists, psychiatrists, and chaplains who provide counseling and support to help manage the emotional and psychological aspects of cancer.

Q: How can I participate in ongoing support groups?

A: Information about ongoing groups will be shared during the orientation. You can also contact the Simms/ Mann Center for more details.