



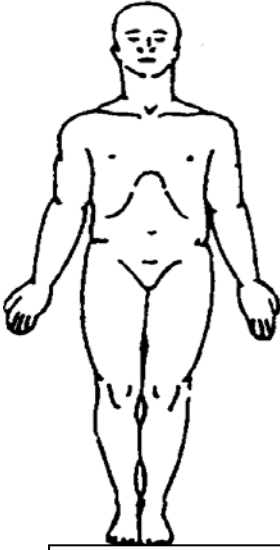
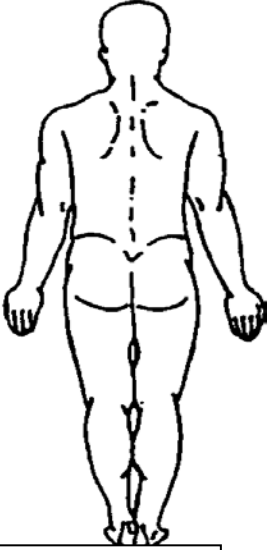
Today's Date: \_\_\_\_\_

**PATIENT INFORMATION**

**WHERE IS THE PAIN?** Draw the location of your pain by shading on the diagram to the right: → → → → →

|   |                              |                             |
|---|------------------------------|-----------------------------|
| Work related?                             | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Workers Compensation?                     | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you working now?                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Referring Physician:                      |                              |                             |
| Other Referral Source:                    |                              |                             |
| What problem/issue brings you here today? |                              |                             |

**IMPORTANT! PLEASE MARK AREAS OF PAIN**


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**HISTORY OF PRESENT ILLNESS**

|   |   |              |             |            |        |  |  |  |  |  |
|---|---|--------------|-------------|------------|--------|--|--|--|--|--|
| How long have you noticed pain?                   | ____ Days   | ____ Weeks   | ____ Months | ____ Years |        |  |  |  |  |  |
| Was there any injury/event that caused your pain? |   |              |             |            |        |  |  |  |  |  |
| Have you had surgery on your back/neck?           |   |              |             |            |        |  |  |  |  |  |
| The pain is described as:                         | Constant  | Intermittent | Unchanged   | Worse      | Better |  |  |  |  |  |
| RATE YOUR USUAL PAIN (Circle):                    | <b>No Pain 0 1 2 3 4 5 6 7 8 9 10 The Worst Pain Ever</b>   |              |             |            |        |  |  |  |  |  |
| Describe your pain (circle):                      | Burning   Sharp-shooting   Tingling   Numbness   Pinprick   Stabbing  <br>Deep-pressure   Tightness   Spasms   Other: _____ |              |             |            |        |  |  |  |  |  |

**TREATMENT & EVALUATIONS**

|   |   |                                      |   |  |   |   |
|---|---|--------------------------------------|---|--|---|---|
| What diagnostic tests have you had for this problem?  | None  | X-ray                                | MRI   | CT   | EMG   | Orthopaedic Consult                     |
| Check treatment tried for pain and circle the best treatment to date:                               | <input type="checkbox"/> Physical Therapy                                     | <input type="checkbox"/> Acupuncture | <input type="checkbox"/> Massage<br><input type="checkbox"/> Chiropractor | <input type="checkbox"/> Medications<br><input type="checkbox"/> Epidurals | <input type="checkbox"/> Injections<br><input type="checkbox"/> Surgery | <input type="checkbox"/> Other<br>_____ |
| Have you done at least 6 weeks of physical therapy or other conservative care in the past 3 months? |   |                                      |   |  |   |   |
| What makes pain worse?  | walking   sitting   standing   lying down   exercise   nothing   other: _____ |                                      |   |  |   |   |
| What makes pain better?   | walking   sitting   standing   lying down   exercise   nothing   other: _____ |                                      |   |  |   |   |
| How does the pain limit you?  |   |                                      |   |  |   |   |

|   |  |  |   |                              |  |
|---|--|--|---|------------------------------|--|
| <b>PAST SURGERY (LIST BELOW)</b>  |  |  | <b>ALLERGIES</b> <input type="checkbox"/> No Known Drug Allergies   |                              |  |
| <input type="checkbox"/>  |  |  | <input type="checkbox"/> Allergic to the following:   |                              |  |
| <input type="checkbox"/>  |  |  | <input type="checkbox"/>  |                              |  |
| <input type="checkbox"/>  |  |  | <input type="checkbox"/>  |                              |  |
| <input type="checkbox"/>  |  |  | <input type="checkbox"/>  |                              |  |
| <b>Please list other MEDICAL problems:</b>  |  |  | <b>CURRENT MEDICATIONS &amp; DOSAGES</b>  |                              |  |
| Medical History: Diabetes, Cancer, High Blood Pressure, Pacemaker, Arthritis, Other:<br>_____<br>_____<br>_____ |  |  | <input type="checkbox"/>  |                              |  |
|   |  |  | <input type="checkbox"/>  |                              |  |
|   |  |  | <input type="checkbox"/>  |                              |  |
|   |  |  | <input type="checkbox"/>  |                              |  |
| <b>FAMILY HISTORY</b>   |  |  | <b>SOCIAL HISTORY</b>   |                              |  |
| Arthritis:  | <input type="checkbox"/> Yes                         | <input type="checkbox"/> No                              | How did/do you make a living?   | _____                        |  |
| Diabetes:   | <input type="checkbox"/> Yes                         | <input type="checkbox"/> No                              | Can you dress yourself?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No                    |
| Bone Disease:   | <input type="checkbox"/> Yes                         | <input type="checkbox"/> No                              | Alcohol Use:  | <input type="checkbox"/> Yes | <input type="checkbox"/> No                    |
| Cancer:   | <input type="checkbox"/> Yes                         | <input type="checkbox"/> No                              | Smoker:   | <input type="checkbox"/> Yes | <input type="checkbox"/> No    #packs/day ____ |
| Heart Disease:  | <input type="checkbox"/> Yes                         | <input type="checkbox"/> No                              | Recreational Substance:   | <input type="checkbox"/> Yes | <input type="checkbox"/> No                    |
| Mother:   | Age _____  | <input type="checkbox"/> Healthy                         | <input type="checkbox"/> Deceased due to:   |                              |  |
| Father:   | Age _____  | <input type="checkbox"/> Healthy                         | <input type="checkbox"/> Deceased due to:   |                              |  |
| <b>REVIEW OF SYSTEMS: Please fill out CURRENT symptoms only. Check if None or Normal</b>                        |  |  |   |                              |  |
| <b>SKIN</b> <input type="checkbox"/> Normal   | <b>NEUROLOGICAL</b> <input type="checkbox"/> Normal  | <b>EYES</b> <input type="checkbox"/> Normal              | <b>LYMPH NODES</b> <input type="checkbox"/> Normal  |                              |  |
| <input type="checkbox"/> skin rash  | <input type="checkbox"/> headaches                   | <input type="checkbox"/> visual loss                     | <input type="checkbox"/> enlargement  |                              |  |
| <input type="checkbox"/> easy bruising/bleeding   | <input type="checkbox"/> incontinence                | <input type="checkbox"/> color blindness                 | <input type="checkbox"/> pain   |                              |  |
| <input type="checkbox"/> abnormal hair loss   | <input type="checkbox"/> seizures                    | <input type="checkbox"/> glaucoma                        |   |                              |  |
| <input type="checkbox"/> nail ridging, pitting  | <input type="checkbox"/> paralysis                   | <input type="checkbox"/> glasses/contacts                |   |                              |  |
| <b>EARS/NOSE</b> <input type="checkbox"/> Normal  | <b>GENITOURINARY</b> <input type="checkbox"/> Normal | <b>BONE/JOINT/MUSCLE</b> <input type="checkbox"/> Normal | <b>RESPIRATORY</b> <input type="checkbox"/> Normal  |                              |  |
| <input type="checkbox"/> deafness   | <input type="checkbox"/> blood in urine              | <input type="checkbox"/> dislocation                     | <input type="checkbox"/> shortness of breath  |                              |  |
| <input type="checkbox"/> vertigo/dizziness  | <input type="checkbox"/> impotence                   | <input type="checkbox"/> fracture                        | <input type="checkbox"/> cough  |                              |  |
| <input type="checkbox"/> hoarseness   | <input type="checkbox"/> painful urination           | <input type="checkbox"/> muscle wasting                  | <input type="checkbox"/> asthma/bronchitis  |                              |  |
| <input type="checkbox"/> sinusitis  | <input type="checkbox"/> kidney stones               | <input type="checkbox"/> muscle pain                     | <input type="checkbox"/> tuberculosis   |                              |  |
| <input type="checkbox"/> post nasal drip  | <input type="checkbox"/> venereal disease            | <input type="checkbox"/> muscle weakness                 | <input type="checkbox"/> pneumonia  |                              |  |
| <b>MENTAL STATUS</b> <input type="checkbox"/> Normal  | <b>BLOOD SYSTEM</b> <input type="checkbox"/> Normal  | <b>ENDOCRINE</b> <input type="checkbox"/> Normal         | <b>CARDIOVASCULAR</b> <input type="checkbox"/> Normal   |                              |  |
| <input type="checkbox"/> hallucinations   | <input type="checkbox"/> anemia                      | <input type="checkbox"/> abnormal growth                 | <input type="checkbox"/> palpitations   |                              |  |
| <input type="checkbox"/> nervous breakdown  | <input type="checkbox"/> bleeding                    | <input type="checkbox"/> goiter                          | <input type="checkbox"/> chest pains  |                              |  |
| <input type="checkbox"/> depression   | <input type="checkbox"/> bruising                    | <input type="checkbox"/> heat/cold intolerance           | <input type="checkbox"/> leg swelling   |                              |  |
| <input type="checkbox"/> sleep disturbances   | <input type="checkbox"/> blood thinners              | <input type="checkbox"/> increased thirst                | <input type="checkbox"/> arrhythmia   |                              |  |
| <b>CONSTITUTIONAL</b> <input type="checkbox"/> Normal   | <b>ALLERGIES</b> <input type="checkbox"/> Normal     | <b>GASTROINTESTINAL</b> <input type="checkbox"/> Normal  | <b>GENERAL</b> <input type="checkbox"/> Normal  |                              |  |
| <input type="checkbox"/> fever/chills   | <input type="checkbox"/> dermatitis                  | <input type="checkbox"/> appetite changes                | <input type="checkbox"/> poor sleep   |                              |  |
| <input type="checkbox"/> weight loss  | <input type="checkbox"/> hay fever                   | <input type="checkbox"/> jaundice                        | <input type="checkbox"/> poor energy  |                              |  |
| <input type="checkbox"/> nausea   | <input type="checkbox"/> migraine                    | <input type="checkbox"/> hemorrhoids                     | <input type="checkbox"/> eat too much/little  |                              |  |
| <input type="checkbox"/> vomiting   | <input type="checkbox"/> sensitivity to pollen       | <input type="checkbox"/> irritable bowels                | <input type="checkbox"/> unhappy  |                              |  |
|   |  |  | <hr/> Reviewing Physician Signature  |                              |  |