Referrals -PLEASE COMPLETE ENTIRE FORM

* Include PCR/lab results confirming your positive COVID history, if possible, but not required.
* You will be scheduled to see an internal medicine specialist to confirm a Long COVID diagnosis.
* This is a request for a one-time evaluation of your Long COVID treatment plan.
* Follow up visits may be discussed and are at the discretion of the Long COVID Physician.

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Patient’s Information:**

|  |  |
| --- | --- |
| Last Name:  | First Name: |
| DOB:  | UCLA MRN (if available): |
| Phone:  | \*\*\*E-mail: |

**Information regarding Primary Care Physician (Optional):**

|  |
| --- |
| Office Contact:  |
| Phone: |
| Fax:  |
| Physician Name:  |

 |
|  |

**COVID-19 History**

When did you have COVID?

Date Tested:

Do you have a copy of your COVID test? Yes No

* Brain Fog
* Insomnia
* Anxiety
* Depression
* Other:
* Fatigue
* Loss of taste and/or smell
* Chest pain or tightness
* Palpitations
* Cough
* Dyspnea

LONG COVID SYMPTOMS

Imaging / Tests:

Tests completed since COVID Diagnosis only

* Labs
* Autonomic reflex screen
* Sleep study
* Pulmonary Function Tests
* Chest CT
* Chest X-rays
* MRIs
* ECHO
* Stress Test
* Ziopatch/Holter
* H&P (Notes from Primary Care doctor, IF available)
* Hospital Records (Admission and D/C report, IF available)

DOCUMENTS ATTACHED

\*PLEASE ATTACH ANY RELEVANT MEDICAL RECORDS/TESTING IF AVAILABLE (PLEASE INCLUDE PHQ-9 AND GAD-7)

UCLA’S LONG COVID PROGRAM –POLICY

**Please read our policy and role carefully.**

**OUR CLINIC’S ROLE**

* Our clinic is a consulting service that focuses on evaluating your symptoms that persist after initial SARS-CoV-19 infection. We will provide a one-time in-person consultation to provide your general practitioner recommendations on how to care for you going forward. A limited number of subsequent video visits to assess and update recommendations will be at your Long COVID PCP's discretion.
* We take a team-based approach to the evaluation, and our clinic serves as the hub and portal to connect with our experts in various specialties, including Cardiology, Neurology, Psychiatry, or Rheumatology, amongst others.

 As part of our clinic’s policy, we DO NOT process disability forms or similar paperwork.

**WHAT TO EXPECT**

* Our collective medical knowledge about post-acute COVID syndrome (Long COVID) is new and growing. There are no curative therapies at this time, but we will try our best as a team to brainstorm approaches to help manage your symptoms and provide you with up-to-date expertise.
* Research is critical to advancing our understanding and treatment of this condition and therefore you may be offered opportunities to participate in various research studies. Your decision to participate in research studies is voluntary and does NOT affect the clinical care we provide to you.

 We value and uphold an environment of respect for all patients and staff.