

Thank you for deciding to use the UCLA BirthPlace for your classes!

Welcome to the American Heart Association (AHA) Friend and Family CPR and First Aid course.

Class Information:

During this 2 hour 45 minute course, you will learn basic safety knowledge and skills.

- This knowledge is what to do while waiting for help.
- You will practice Infant CPR skills using an infant manikin.

You will learn CPR and First Aid basics.

- The AHA created this program for anyone who wants to learn first aid and CPR for infants and children and does not issue a class completion card.

Location and Parking:

You will enter Santa Monica UCLA Hospital at 1250 16th street for in-person classes. Security and an information desks are in the lobby if you need help with where to go.

- Walk through the main lobby and past the Security desk to the hallway and turn right.
- Pass admissions and the next entrance to your right is the Conference Center

As you enter the doorway marked Conference Center:

- **Conference room 3** is the third door to your left

When you come to class, please bring a bottle of water or something you would like to drink. You also may want to bring food for your breaks.

The cafeteria hours are 6:30 am to 12 am, Monday through Friday and 6:30 am to 8 pm, weekends and holidays. Vending machines and microwaves are located in room #200 before entering the cafeteria on the right-hand side.

Parking meters are enforced during the day and on Saturdays, but not after 6 pm or on Sundays. Meters have a 2-hour time limit only. If you park in an area without meters, please be aware of street signs.