

Oklahoma State Department of Health (OSDH) Grandparent Toolkit

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Title V MCH internship program

Abstract

During Oklahoma's Child Death Review Board (CDRB) Meetings, it was discovered that in cases of infant death, there was a discrepancy in caregiving information and practices when grandparents were documented as primary caregivers or had an influence on their children's caregiving practices. **In Oklahoma, 12.6% (43,383) of grandparents are responsible for their grandchildren.** Due to these findings, different work groups collaborated to develop a Toolkit to provide grandparents with evidence-based information on caregiving topics.

Objectives

- By the end of July 2025, participants who have received at least one of the ten Toolkit's educational topics will show an **increase in knowledge on how to raise their grandchildren** with updated caregiving information.
- Participants will have **utilized at least one of the resources** shared during the workshops.
- Participants will have **increased their confidence** about having the needed skills and knowledge to take care of their grandchildren.

GRANDPARENT
TOOLKIT



Methods

- Created, distributed, and analyzed mix-method **surveys** to identify grandparents needs (n=112).
- Designed the **program description and implementation** for the Toolkit.
- Researched and studied Oklahoma's global landscape to create **educational materials**.
- Created the **program evaluation plan** and Research design to track program's impact and implementation success.

Results

Survey results:

- **10 topics** of interest were identified. **Top 5:** Discipline, engaging with children, mental health, body autonomy, nutrition and health.
- Grandparent's shared **concerns and challenges**.

Figure 1

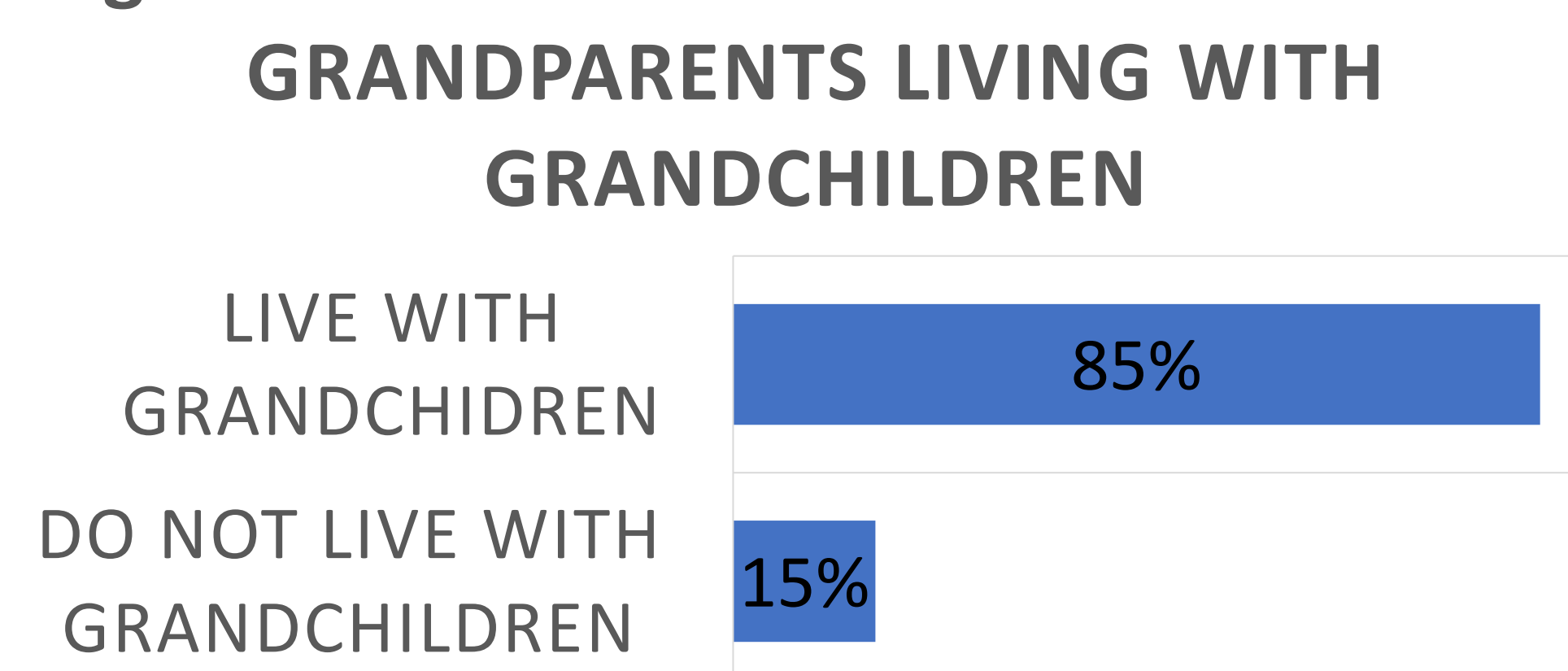


Figure 1.1

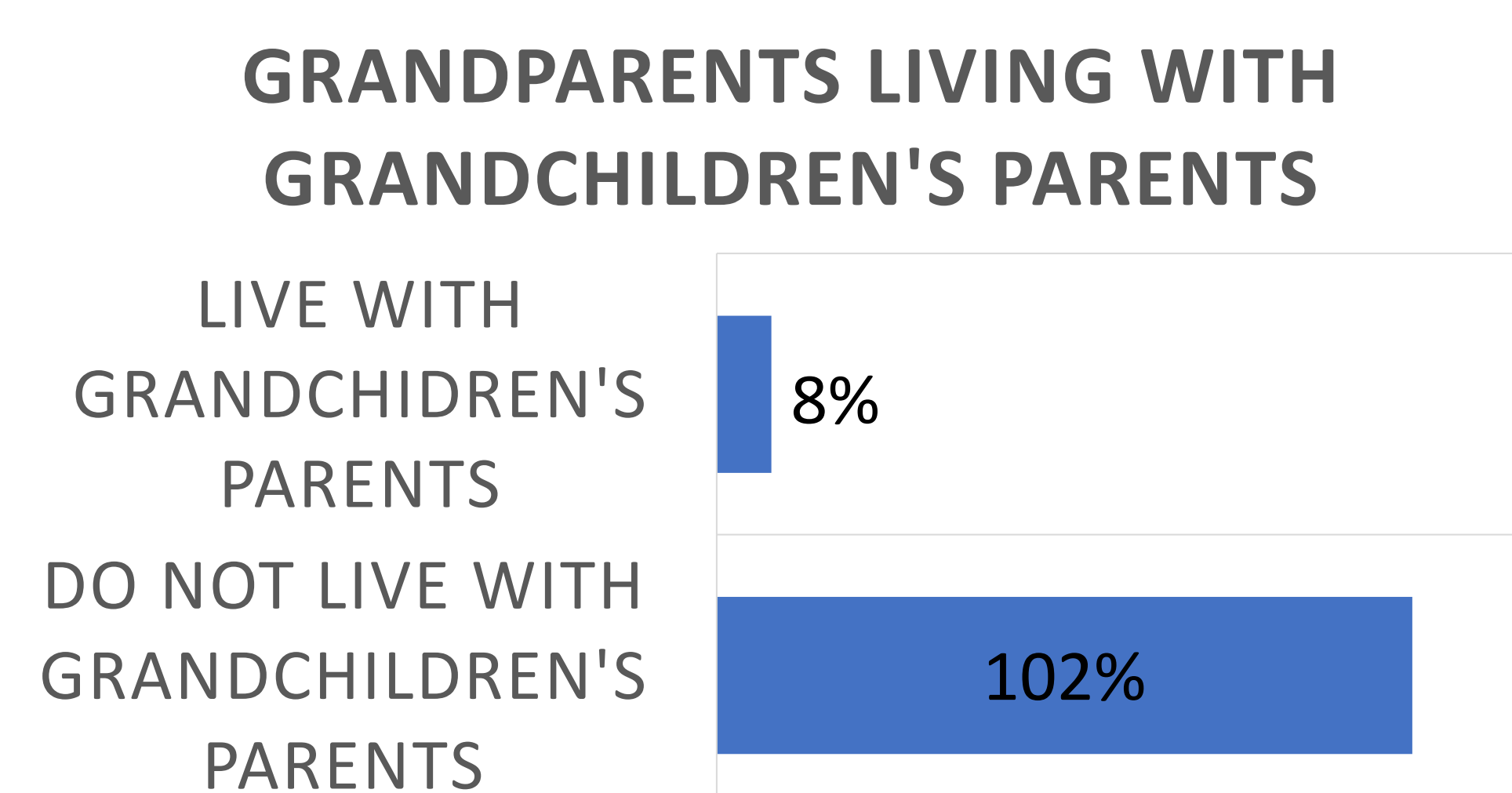
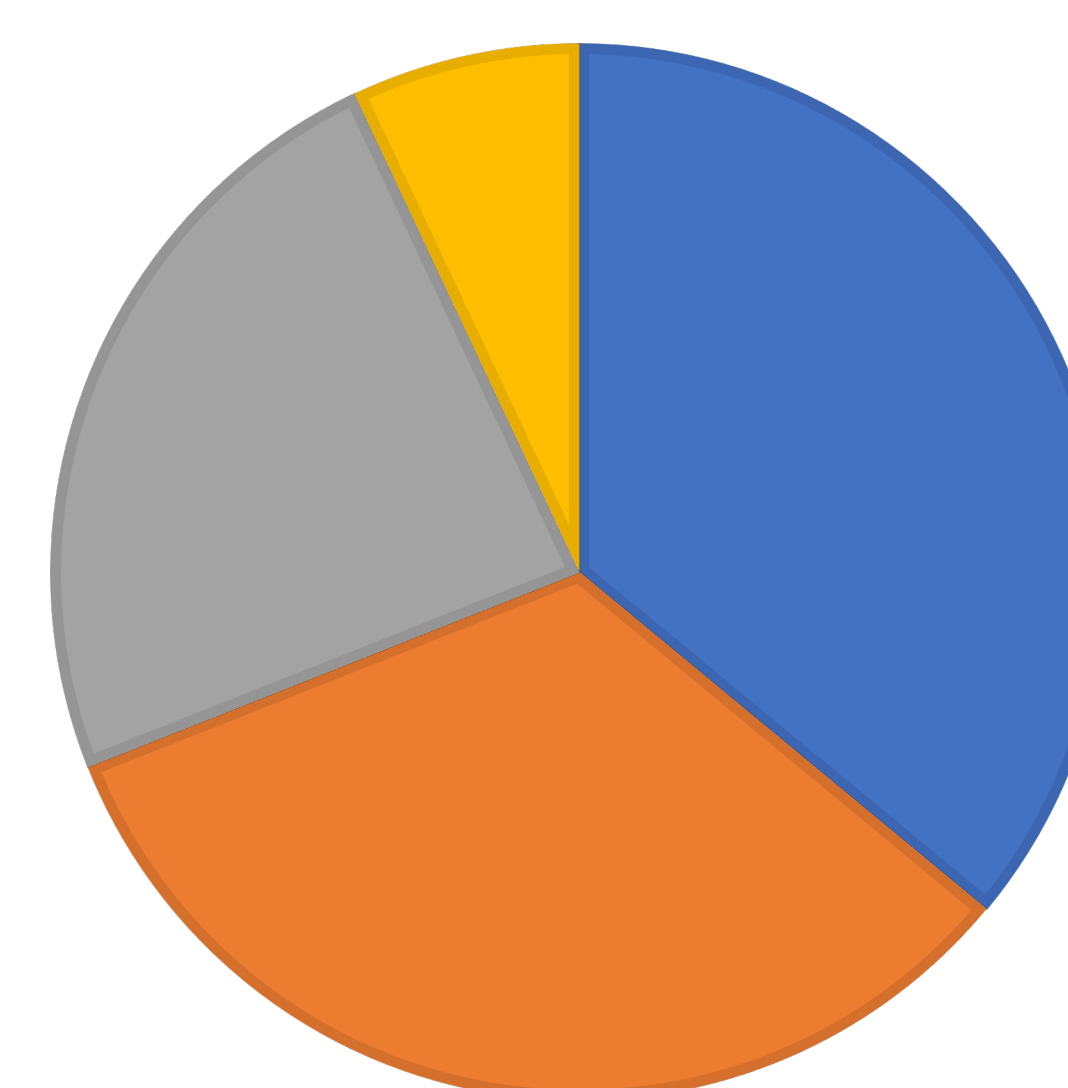


Figure 1.3

GRANDCHILDREN AGES

- 6 - 11 years old
- 12-18 years old
- 0-5 years old
- 18+ years old



Program Description

- Results of surveys shaped the development of the program description and implementation plan.
- The **Health Belief Model** was utilized to create the Grandparents Toolkit Program Description.

Educational Materials

- Conducted literature review and researched Oklahoma's global landscape to **create nutrition educational materials**.
- The Grandparent Toolkit team created educational materials and videos.



Take a picture to open the Grandparent's Toolkit website

Conclusions

- The program description and evaluation plan created a work plan.
- The Grandparent Toolkit Team was essential for the Toolkit's development
- Collecting Information such as race/ethnicity, employment, and income could benefit program developers at OSDH.

References

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